

ATTORNEYS AT LAW

November 7, 2013

Via First-Class Mail

Ms. Ellen F. Kandell, Esq. Alternative Resolutions, LLC 8701 Georgia Avenue, Suite 713 Silver Spring, Maryland 20910

Re: Thank You

A. Howard Metro Shareholder

hmetro@mcmillanmetro.com

Maryland Bar District of Columbia Bar

Dear Ellen:

Each day of last week's Mediation seminar was well-planned and efficient, and the lectures were full of content, vignettes and information. You and Joyce equally provided fresh and well considered transitions and lessons that enhanced the first two days of class.

With each day that has passed since Friday, I have challenged myself to contemplate all of the ways to apply the skills you have taught me to my daily practice of law. For example, clients should be validated by attorneys reaffirming their clients' goals, and impasses with other attorneys should be addressed by looking at interests rather than positions. Listening was the one skill I had truly forgotten. I could go on, but suffice it to say that you have made a difference and helped me evolve.

My improvement as an attorney/mediator is a gift to more than me. My clients and partners will also benefit. I thank you for your dedication, your generosity of spirit and your talent. I also thank you for allowing me to ride on your ship and benefit from its mission to make good mediators. In light of your commitment and passion to educating attorneys and teaching invaluable skills, I have made a contribution in your honor to the Bar Foundation of Montgomery County.

Very truly yours,

McMillat Metro, P.C.

A. Howard Metro

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